



Hello

We are celebrating International Trigeminal Neuralgia Awareness Day on October 7th, 2021.

Members of TNnME (Trigeminal Neuralgia and Me) and the Facial Pain Research Foundation (FPRF) would be thankful for your authorization to Light up Teal (or Blue) on October 7th.

2021 light up teal campaign is dedicated to the memory of Cori Murdoch and all loved ones affected by devastating and heart-breaking nerve pain conditions, such as Trigeminal Neuralgia and Facial Pain Disorders.

Our light up teal illumination initiative is to shine light and awareness to the World Health Organization by asking them to please add Trigeminal Neuralgia (TN) to their health topic list of illnesses. By doing so it will expand awareness, grant access to further resources, and create opportunities for funding research for Trigeminal Neuralgia and Facial Pain Disorders.

If you are not the main person to make this kind of authorization could you, please forward this request to the individual that provides this sort of permission?

First choice date: 10/7/2021

Second choice date: 10/6/2021

Third date choice: 10/8/2021

Date of Special Lighting: Thursday Oct 07, 2021 (We are flexible with dates as we had approvals from October 1st thru October 13th)

Colors Requested colors 1 = Teal Colors 2 = Blue Colors 3 = Light Blue

Colors Requested: Teal, RGB #0080 80 128, 128, blue RGB #0000FF 0,0, 255

[2021 Light Up Teal Approvals](#) are listed on TNnME web site.

All approvals will be mentioned on TNnME websites, social network sites as well as continuous press announcements, newspapers articles, and/or blog posts. You can follow updates and news coverage on [TNnME Media Page](#)

Name of Organization: TNNME (Trigeminal Neuralgia and Me) and the Facial Pain Research Foundation (FPRF) (Non-Profit)

Contact Person: Toni Saunders

Email address: tnawareness@gmail.com

Hashtags: #LightUpTeal4TN #trigeminalneuralgia #FacialPainDisorders #TNTeal

Maybe you even know someone who has (TN), and they have not been diagnosed. 10% of MS patients will be diagnosed with Trigeminal Neuralgia.

Trigeminal Neuralgia (TN) has been universally described by medical professionals and sufferers alike as the most painful condition known to mankind. (TN) patients are likely to be in so much pain they cannot speak, work, or socialize with others.

Notes to Request and Editors:

What is Trigeminal Neuralgia?

Definition Trigeminal neuralgia (TN) is a very painful disorder of the portion of the fifth cranial nerve (trigeminal nerve) that supplies sensation to the face. It is characterized by recurrent electric shock-like (paroxysmal) pains in one or more branches of the trigeminal nerve (maxillary, mandibular, and/or ophthalmic branches), each supplying a different portion of the face.

Severe facial pain can last from a second to 15 minutes or longer; some individuals may have up to 100 lightning-like bursts of stabbing pain in a day. Although remissions are common, trigeminal neuralgia usually is a long-term condition. It can be triggered by such stimuli as heat or cold, windy hitting the face, chewing, yawning, or talking. Because the sudden, sharp pain causes the individual to wince, the condition is known as Tic Douloureux or painful twitch.